

Treatment Price List 2012

Massage

Water massage 20 min **35 €**
Relaxing, mechanical underwater treatment for the whole body.

Massage
Massage relaxes you, stimulates the metabolism and alleviates muscle pain.

60 min	66 €
45 min	56 €
20 min	35 €
5 treatments 20 min	150 €

Warm clay and massage 35 min **45 €**
A warm sheet of paraffine and clay softens and relaxes the muscles (approximately 15 min). Followed by a 20 minute massage.

Hivamat massage 20 min **35 €**
Gentle treatment where an electrostatic field stimulates the function of tissues.

All treatments include use of the saunas and pools on the day of the treatment.

We charge the full fee for uncancelled appointments.

The price list is valid as of 1 January 2012. We reserve the right to change the prices.



Lappeenranta



Spa



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Health and pampering

Special Treatments

Herbal compress massage 60 min
This revitalising whole body massage (lasting approximately 45 min) relaxes your muscles, reduces pain and gives you new energy. Using warm compresses of natural oils and herbs, the treatment stimulates your metabolism and blood circulation.

1 treatment	71 €
5 treatments	325 €

Herbal compress massage 90 min
As above but including head and face massage. Duration approximately 75 min.

1 treatment	98 €
5 treatments	450 €

Hot stone treatment 90 min **100 €**
The treatment involves warm, mineral-rich lava stones. The whole body is treated: face, hands, back, feet, soles and the area in between the toes (approximately 75 min). An enjoyable treatment that relieves muscle tension while it also gives you energy.

Hot stone treatment 60 min **71 €**
As above, only shorter duration. Treatment of hands and feet (approximately 45 min).

Honey massage 60 min **81 €**
Vigorous back and shoulder massage (approximately 45 min). The healthy ingredients of honey are absorbed into the body during the massage. The treatment removes metabolic waste, stimulates metabolism and can also be used to treat cellulite.

Aroma massage 60 min **66 €**
Deeply relaxing head to toe muscle treatment with essential oils. Stimulates blood circulation and metabolism.

Indian head massage 30 min **45 €**
Gentle massage covering the scalp, face, earlobes, neck, shoulders and upper arms.

Indian head massage with warm wraps 60 min **60 €**
As above. Includes warm wrappings for hands and feet.

Lymph therapy 60 min
Light, pumping massage that stimulates the lymphatic system, reduces swelling, relieves pain and relaxes.

1 treatment	66 €
5 treatments	300 €

Salt room treatment 40 min
During the session, you breathe fine salt dust. This also treats your skin. Suitable for treating asthma, allergic rhinitis and atopic skin.

1 treatment	30 €
5 treatments	120 €

Salt room treatment 20 min
As above, only shorter duration.

1 treatment	20 €
5 treatments	80 €

All treatments include use of the saunas and pools on the day of the treatment.